

# ORAINÉ R. RAMOO

COUNSELLING PSYCHOLOGIST

☎ (868) 221-4785

✉ [admin@camhanach.org](mailto:admin@camhanach.org)

📍 San Fernando Trinidad  
& Tobago

🌐 [www.camhanach.org](http://www.camhanach.org)

## EDUCATION

### DIPLOMA IN LOGOTHERAPY & EXISTENTIAL ANALYSIS

*Ottawa Institute of Logotherapy,  
Ottawa, Canada, 2025-2026  
In process*

### MASTER OF EDUCATION IN COUNSELLING PSYCHOLOGY & HUMAN SERVICES

*Lehigh University, Bethlehem,  
Pennsylvania, USA, 2005 – 2007*

### BACHELOR (HONS) PSYCHOLOGY

*Cum Laude, Honors Program Scholar  
St. Francis College, New York City, New  
York, USA, 2001 – 2004*

## CERTIFICATIONS

### Certified Guided Drawing® Practitioner

*Institute for Sensorimotor Art Therapy, 2022*

### Certified EMDR Therapist & Consultant

*EMDR International Association, 2020*

### Level 1 NAHA Certified Aromatherapist®

*NAHA, 2020*

### Certified Narrative Therapist

*Caspersen Therapy & Training Center, 2014*

### Bach® Foundation

### Registered Practitioner (UK)

*Dr. Edward Bach Foundation, 2012*

### QPRT Suicide Risk Assessment & Management Qualified

*QPR Institute, 2010*

### Certified Trauma Therapist

*Intensive Trauma Therapy Inc., 2010*

### Myers-Briggs Type Indicator®

### Certified Practitioner

*GS Consultants, 2009*

## PROFESSIONAL PROFILE

I am a women's counselling psychologist with 16 years of experience in counselling, providing women with approaches to alleviate the wounding of soul trauma. I specialize in sexual and reproductive trauma. I developed a multi-disciplinary, culturally appropriate, trauma-informed approach known as **PATH – Practical Applications in Trauma Healing** - to help women find their authentic voices and selves via deep-reaching healing. I am a Professional Member of the CCPA possessing a Canadian Certified Counsellor (CCC) designation.

## WORK EXPERIENCE

### COUNSELLING PSYCHOLOGIST / OWNER

*Oraine Ramoo, Counselling Psychologist., San Fernando, Trinidad and Tobago / 2009  
– Present*

- Use psychotherapy and complementary medicine with clients
- Conduct various assessments, including specialized assessments of dissociative states
- Developed and trademarked the *Practical Applications in Trauma Healing Program™* (PATH™) to help adult women work through the traumas of childhood sexual abuse, rape, abortion, miscarriage, and stillbirth
- Offer intensive trauma therapy services
- Lead workshops
- Conduct The Myers-Briggs Type Indicator (MBTI®) assessments and workshops for individual and corporate clients

### BACH FOUNDATION REGISTERED PRACTITIONER, CERTIFIED AROMATHERAPIST

*Raine Wisdom Apotheca, San Fernando, Trinidad and Tobago / 2012 – Present*

- Deliver online and offline consultation and education services
- Formulate and blend custom remedies for clients
- Offer quality essential oils, accessories and more for sale

### EMDRIA APPROVED CONSULTANT & CREDIT PROVIDER

*Sanctum Wisdom Counselling & Wellness Ltd., San Fernando, Trinidad and Tobago / 2021 – Present*

- Deliver online-based continuing education workshops to Eye Movement Desensitization and Reprocessing (EMDR) Basic-Trained, EMDRIA Certified Therapists and Consultants
- Review presentation proposals for the EMDRIA annual Changing Lives conference
- Consults with EMDR-trained practitioners on improving their case conceptualization, target and reprocessing skills and trouble-shooting approaches.


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## KEY SKILLS

*Cultural Awareness*

*EMDR*

*Trauma Therapy & Dissociation*

*Menstruation Management*

*Alternative/Complementary Medicine*

*Aromatherapy*

*Depth Psychology & Imaginal Work*

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## MEMBERSHIPS

*The Canadian Counselling and  
Psychotherapy Association*

*EMDR International Association*

*Dr. Edward Bach Foundation*

*National Association for Holistic  
Aromatherapy*

*Psi Chi - The International Honor Society in  
Psychology,  
St. Francis College  
New York City, New York, USA*

- Chapter President, 2003-2004
- The Model Chapter Award for the 2003-2004 academic year by the Psi Chi National Office
- Life Member since 2002

## WORK EXPERIENCE

### INDEPENDENT CONSULTANT

*Families in Action, Port of Spain, Trinidad and Tobago / 2010 – 2022*

- Provided individual counselling to referred clients and training at the agency's request

### CHANDLER/OWNER

*Garden of Grace, San Fernando, Trinidad and Tobago / 2011 – 2019*

- Designed 100 candle scents, offered 30 different containers, 5 bespoke scents, and attended 50 local markets with soy wax candles
- Learned about branding, marketing and creativity in the Trinidad and Tobago landscape

### INTAKE COUNSELOR

*Step-By-Step, Allentown, Pennsylvania, USA / 2007 – 2008*


- Conducted intake assessments
- Provided short-term individual counselling
- Facilitated psycho-educational support groups
- Created treatment and aftercare plans for clients
- Participated in case supervision meetings
- Co-facilitated the Women's Empowerment Group

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## AWARDS AT ST. FRANCIS COLLEGE

*Who's Who in American Colleges and Universities, 2004*

*Franciscan Spirit Award, 2004*

*John F. Kennedy Memorial Award, 2004*

*Dean's List  
Fall 2002 - Spring 2004*

*Faculty Recognition Day Award  
(Student member), 2003*

*Presidential (Full) Academic Scholarship,  
2001*

## OTHER EXPERIENCE

- Tutor, Tutor.com, New York, New York, USA / 2004 – 2008. Assisted students with English and essay writing via the Internet in real time.
- Peer Reviewer, *The New School Psychology Bulletin*. Publication of The New School for Social Research, New York, New York, USA / 2006 – 2007

## ACHIEVEMENTS

- Certificate in Applied Mythology, *Pacifica Graduate Institute, CA, USA, 2023*
- Certificate in Fairytale Analysis, *Assisi Institute, CT, USA, 2021*
- Ramoo, O. (2010). *Psychology and Pain: Therapies That Help*. *U The Caribbean Health Digest*. Jul/Sep (10), pp. 12 – 14.
- Ramoo, O. (2009). *Funding Your Studies in the US and Abroad*. *International Psychology Bulletin*, 13(3), pp. 26 – 27.
- Ramoo, O. (2009). Book review: *WomanSoul: The Inner Life of Women's Spirituality*. *International Psychology Bulletin*, 13(1), p.16.
- Obtained a Cultural Development Grant from St. Francis College for Psi Chi and Psychology Club members, 2005.
- *Participant Expectation Affects Change Blindness* (Psychology Thesis). Outstanding Poster Award, 12th Annual Pace University Undergraduate Psychology Conference, 2004.
- *Death, Judgment and the Afterlife in Ancient Egypt and Medieval Europe* (Honors Thesis), Student Recognition Day Award, 2004.
- Awarded a scholarship by the Omega Institute of Holistic Studies in Rhinebeck, New York, 2003.